PROJECT FACTSHEET

Funded by the European Union

Rights, Services, and Participation: Fostering a Comprehensive Mental Health Framework in Armenia



Duration: 01.01.2024 - 31.12.2026

Countries:
Armenia

EU contribution: € 2 000 000

Total budget: € 2 223 000

Project description:

The Action targets the needs of Armenia in mental health.
Activities are dedicated to improving the existing legislative and policy framework, which does not fully correspond to fundamental human rights and the international agreements ratified by Armenia.
Armenia lacks clinical guidelines and adopted practices in the sphere of mental health. The Action is aimed at making such resources accessible to professionals working in the sphere.
To promote community-based care policy documents related to the deinstitutionalization of persons with psychosocial disabilities, as well as the decentralization of mental health services, will be drafted. Also the capacities of family doctors at primary healthcare facilities will be developed, mobile teams and peer support groups will be introduced in Ararat and Shirak marzes.
The action targets the needs of specific groups, such as mothers-to-be in times of high pregnancy and women with postpartum depression by enhancing the capacity of maternity hospitals to provide mental health care. To improve early detection of mental health issues and timely intervention school psychologists will be trained to recognize common conditions among school-age children and respond properly.
Finally, the Action directly targets stigmatization concerning mental health issues and contributes to the enhancing the capacity of Armenian civil society organizations.

Expected results:

1. The number of mental health policies and instruments that rights based and line with the UN conventions and international standards is increased
2. The guidelines and roadmaps will be accessible for professionals of primary healthcare clinics and maternity hospitals, where each of them will have at least one staff member with the capacity to utilize these materials
3. Two psychosocial services will be introduced as a pilot
4. 1400 school staff members trained in the assessment, referral, and basic care related to mental health conditions, 50 specialists of the specialists that work at the local offices of the Republican Pedagogical-Psychological Center trained on oversight of early detection and mental health promotion at schools
5. At least 20 journalists are trained in covering mental health issues in a manner to contribute to the reduction of stigma and discriminatory attitudes towards people with psychosocial conditions, mental health services are made accessible via a user-friendly website?